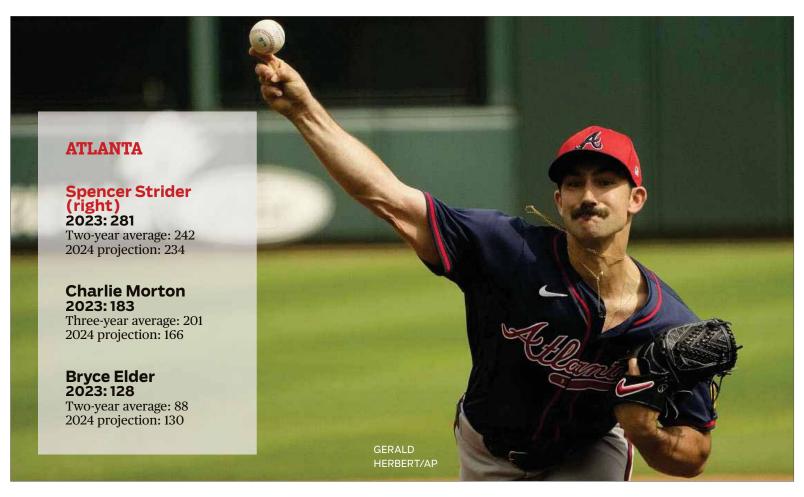
THE WINDUP

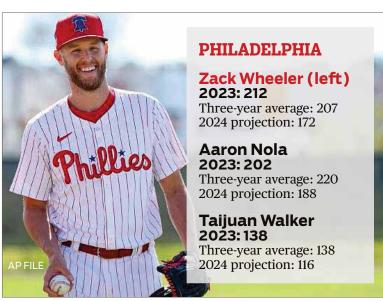
The top strikeout kings in the NL East

Curated by Bill Zimmerman

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hat exactly would happen to Atlanta's vaunted offense if it had to face its own rotation 13 times each season? Less contact, for one thing, especially if the schedule lined up to face the likes of Spencer Strider and Charlie Morton. Sure, the importance of starters at the bottom of the rotation is diminishing with managers becoming reluctant to let a pitcher face hitters three times in a game - not to mention the emergence of bullpen pitchers serving as openers. But fans still love to see a fireballing hurler rack up one K after another. And the Braves. who also get Max Fried back this season, more than satisfy that need. This week, we rank the NL East by each team's top 2023 individual strikeout total, plus we'll provide each player's three-year average for 2021-23 (where applicable) and his ZIPS projected total for 2024 via Fangraphs.





MIAMI

Jesus Luzardo 2023: 208

Three-year average: 73 2024 projection: 173

Braxton Garrett 2023: 156

Two-year average: 123 2024 projection: 125

Edward Cabrera 2023: 118

Three-year average: N/A 2024 projection: 116

NEW YORK

Kodai Senga 2023: 202

Three-year average: N/A 2024 projection: 190

Sean Manaea 2023: 128

Three-year average: 159 2024 projection: 114

Adrian Houser 2023: 96

Three-year average: 90 2024 projection: 79

WASHINGTON

MacKenzie Gore 2023: 151

Two-year average: 112 2024 projection: 129

Josiah Gray 2023: 143

Three-year average: 124 2024 projection: 138

Patrick Corbin 2023: 124

Three-year average: 132 2024 projection: 106